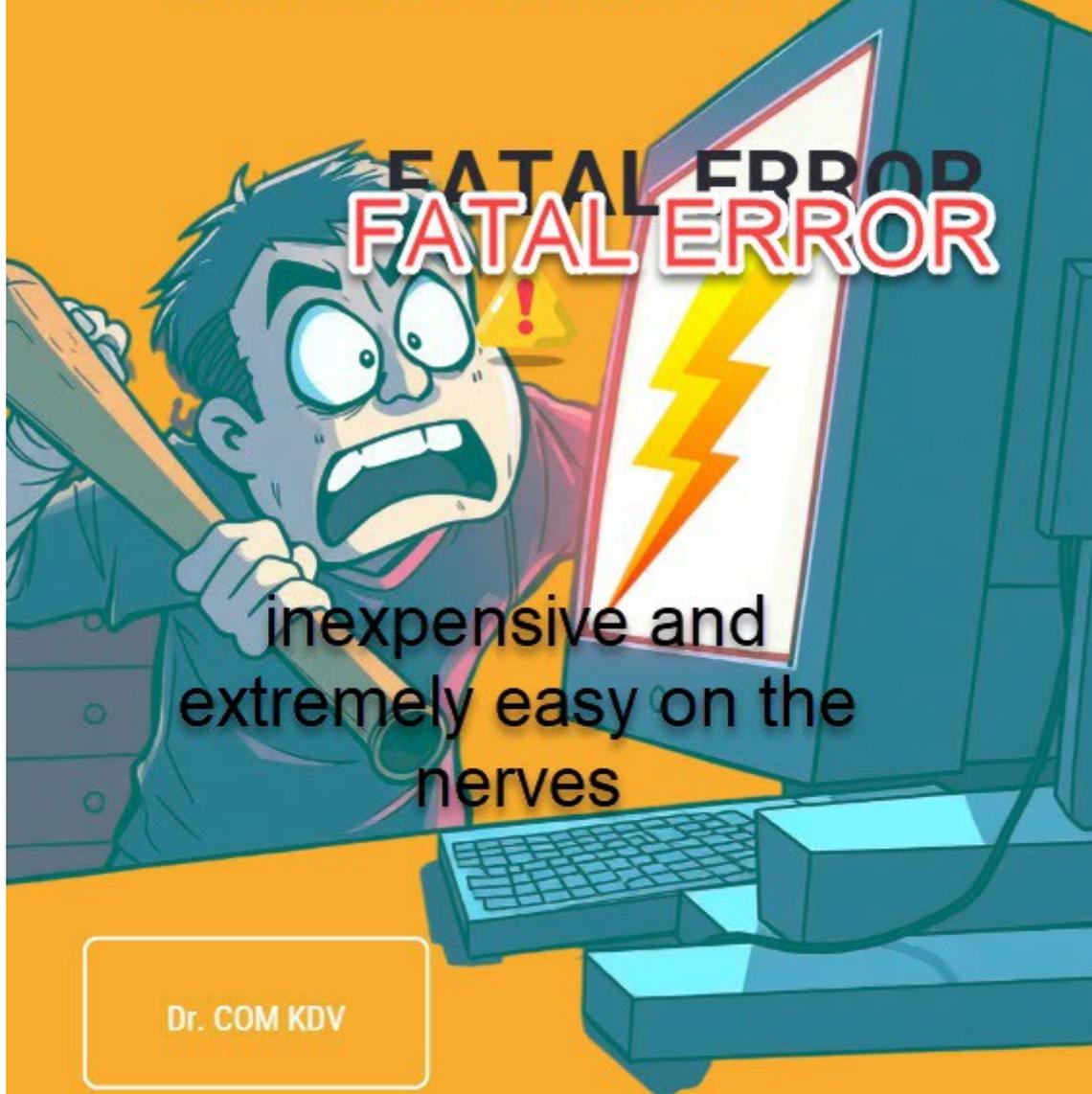


⚠️ **SAFE ON PC** ⚠️

Stay calm – this ends soon.

Read this book and you can do it too.



Dr. COM KDV

Foreword: From Frustration to Confidence – My PC Journey



I still remember that day very clearly.

My new computer was supposed to make everything easier. Instead, the screen was full of error messages, programs kept crashing, and nothing worked the way I wanted. I was sitting in front of the monitor,

red in the face, and I almost shouted: ***“I’m going to throw this thing out of the window!”***

That wasn’t the first time. In my early days with the PC, this happened again and again.

A virus encrypted my family photos. A failed installation made Windows unbootable. Important documents suddenly disappeared. Every

mistake cost me hours, sometimes days. **I called friends, searched forums, watched tutorials – and still felt lost and**

stupid. At some point I realised: I couldn't go on like this.

Instead of fighting each single problem, I started to prepare myself. I learned a few basic protection steps: regular backups, simple backup software, how to spot fake emails, and what to do when Windows refuses to start. Slowly, something changed. I was no longer a victim of my lack of knowledge – I was the one who stayed in control.

Today I sit in front of my PC in a completely different way.

A crash? No big deal

A virus?

The time I used to waste on panic and trial-and-error, I now save – and that feels incredibly good.

You can do this, too.

This guide contains the simple protection steps that helped me most – explained in plain language, without technical jargon. You don't need to be an IT expert.

You only need to read the next pages and apply them once. After that, your computer finally works *for you* – not the other way around.

No more rage, no more wasted evenings. Just a safer, calmer way to use your PC.

**Welcome to your journey
from PC frustration to PC
confidence.**

